

ALGESTER LITTLE ATHLETICS CENTRE CHAMPIONSHIPS

Saturday 19 February 2022 & Saturday 5 March 2022



Back-up date in event of cancellation - Saturday 19 March 2022





RULES OF COMPETITION

Eligibility at Centre Championships

Regardless of the following criteria, all registered Algester Little Athletes are invited to participate at the Centre Championships. Athletes from different Little Athletics Centres are not permitted to compete.

- In order to be awarded Age Champion or Runner Up, an athlete must have competed in at least 50% of eligible Centre competitions AND the athlete's family must have met minimum parent participation requirements.
- 2. In order to earn points in an event towards Age Champion or Runner Up at Centre Championships, an athlete must have competed in that event at least twice during eligible Centre competitions.
- 3. In order to be awarded a trophy or award at trophy day, an athlete must participate in Centre Championships AND minimum parent participation requirements must have been met.
- 4. In order to set a new Centre Championships Best Performance (**CCBP**) or equal an existing CCBP, an athlete must have competed in at least 50% of eligible Centre competitions and must have competed in that event at least twice during eligible Centre competitions.

Uniform and Footwear

All athletes must be attired in correct Centre Uniform complete with Registration Number, Age Label and Coles patch. This includes royal blue bike pants or shorts. No multi-coloured / black / dark blue shorts or bike pants will be permitted. Athletes who are not in the correct uniform will be unable to compete until uniform infringements have been rectified (this may require purchases to be made from the uniform shop). Shoes are required to be worn by all athletes at all events. Spikes may be worn by U11-U17 competitors in events run entirely in lanes, in jumping events and javelin. The competitor must not have spikes on before entering the track, and must remove their spikes before leaving the track.

Encouragement

Parents and athletes are reminded that no cheering, coaching or barracking is permitted from inside the track area or within the field of play. Timekeepers, volunteers or officials may not cheer, coach or barrack from inside the timekeeping area. Disqualification may result from any breach of this rule. Parents and spectators who are not assisting at an event in an official capacity are <u>not</u> permitted on the inside of the track and the immediate area in proximity to the Timekeepers, Recorders and other field events.



RULES OF COMPETITION

Field Events

Field events will consist of one (1) warm up throw/jump (at the discretion of the event chief) and three (3) trials. If an athlete has three (3) fouls, no points will be awarded for that event. All athletes must remain at an event area once the event has commenced, until the conclusion of that event. For event locations, please refer to the schedule of events and map contained in this booklet.

Laned Events

In all races run in lanes, each competitor shall keep within his/her allotted lane from start to finish. If a competitor is pushed or forced by another person to run outside their lane, and no material advantage is gained, the competitor will not be disqualified. If a competitor either:-

- runs outside his/her lane in the straight; or
- runs outside the outer line of their lane on the bend;

with no material advantage being gained, and no other runner is obstructed, then he/she should likewise not be disqualified. Apart from the above three exceptions, if the referee is satisfied on the report of a judge or umpire or otherwise that a competitor has run outside his lane, he / she may be disqualified.

Protests

Protests must be made to the Referee within 15 minutes of the event finishing. The Referee may decide on the protest or refer the matter to a Jury of Appeal. If the Referee makes a decision, there shall be a right of appeal to the jury. A fee of \$50 is payable on lodgment of a protest. This will be refunded only if the protest is upheld. The Jury of Appeal shall be made up of three key officials not involved in the protest, and the Centre Manager as Chairperson.

Unless stated to the contrary in this document, all rules and requirements contained in the LAQ Competition Handbook shall apply. Please click on the below link for a copy of the Handbook https://laq.org.au/wp-content/uploads/sites/5/2021/09/2021 2022-Competition-Handbook.pdf

Championship Points

Championship Points in all events will be awarded to competing athletes as follows:-

1 st	10 points	4 th	3 points
2 nd	7 points	5 th	2 points
3 rd	5 points	All other participants	1 point



The following information provides an overview of the various awards presented during our end of season trophy day, which is to be held on 23 April 2022.

Centre Captains' Award

The Centre Captains Award will be presented to the athlete who is considered by the Captains to have:

- Represented the Centre in accordance with the Little Athletics ethos of family fun and fitness.
- Participated at Centre events, including fundraising, carnival, and team events.
- Been respectful of others, including athletes, officials, coaches and volunteers.
- Been a happy and considerate member of the Centre.

Algester Sports Inc. Spirit of Athletics Award

Algester Sports Inc. has provided ongoing support to Algester Little Athletics for many years. In recognition of their support, we award a perpetual trophy in their name. The Algester Spirit of Athletics Award will be presented each year to the athlete that shows a consistent and committed involvement and dedication to their athletics journey and their centre, whilst embracing the Little Athletics ethos. The criterion for selection is below:

Participation

- Centre competition
- Regional Relays
- Regional Championships
- Junior / Senior Carnival
- Junior / Senior Pentathlon

Leadership

- Assists with centre warm up session
- Competes in centre uniform
- Assists with set up / pack up
- Attends training sessions
- Assists at training sessions
- Encourages others

Respect

- Shows respect to other athletes
- Shows respect to officials
- Shows respect to spectators

Perseverance

- Sets goals and strives to achieve them
- Participates in all events offered for their age group each week

Sportsmanship

- Respects the rules of competition and fair play
- Encourages and congratulates other athletes for their performances

Enthusiasm

- Involved in all Centre activities, including fundraising
- Assists at sign on days and events
- Attends workshops, such as event clinics, officials workshops



Keith McGuigan Memorial Award in High Jump

Keith McGuigan (Life Member) was the founding Registrar of our Centre, and was here right from the beginning. He was passionate about Little Athletics, especially little athletics at Algester. He was instrumental in developing our system for recognising our most outstanding athletes at Centre Championships, and we still use that system to this day. Keith spent most of his time at high jump and we chose to honour his memory by presenting the Keith McGuigan Memorial Award to the most improved athlete at high jump each season. There is only one award presented each season. In the event of a tie, a countback procedure will be used to determine the recipient - by establishing the highest percentage improvement for the athletes to break the tie. A Memorial Trophy will be retained by the Centre and a replica will be presented to the athlete receiving the award each season.

Dave Tolhopf Memorial Award in Distance Running

Dave Tolhopf (Life Member) was the Centre Coaching Coordinator at the Centre for many years, and was acknowledged for his dedication to coaching by being awarded the LAQ Frank Knight Memorial Coach of the Year in 2004. His passion for athletes' wellbeing and improvement through training was recognised through his many years as our Centre Coach. Dave Tolhopf joined Algester Little Athletics Centre with his daughter Carla, who was an exceptional distance runner. In considering how best to recognise Dave's contribution to our Centre, we have chosen to also recognise the area where his daughter excelled - distance running. To this day, Carla still retains Centre Best Performances in numerous events. An award will be made in recognition of Dave's passion for athletics to recognise improvement in distance track events (400m, 800m and 1500m). Only one award will be presented each season. In the event of a tie, a countback procedure will be used to determine the recipient – by establishing the highest percentage of improvement for the athletes to break the tie. A memorial Trophy will be retained by the Centre and a replica will be presented to the athlete being recognised for the achievement during the season.

<u>Algester Summit Award</u>

The Algester Little Athletics Centre Summit Award is presented in a season to an athlete who has been a member from U6 - U17 continuously or from Tiny Tots - U17 continuously. This is a prestigious award and is indicative of an athlete's commitment to both Little Athletics, the sport, and Algester Little Athletics Centre. A perpetual trophy will remain with the Centre and a replica trophy will be awarded to the athlete.

Algester Little Athletics Centre - Life Members' Pentathlon

The Life Members' Pentathlon (open to Centre athletes only) is held each season. The pentathlon program events are set by the Centre for each age group. Athletes will compete In their own age group and gender. Athletes must compete in each of the five (5) events for their age group to be eligible to receive a Life Members Pentathlon Certificate. Should an athlete not participate in any event during the competition, they will be considered to have withdrawn from the competition. Each male and female athlete in each age group scoring the highest number of points will be presented with a medal as winner for their age group / gender. The athlete scoring the highest number of points overall will be presented with the Life Members Pentathlon Trophy for that season, which will be awarded at our annual trophy day.



Centre Best Performance & Centre Championships Best Performance (CCBP)

Centre Best Performances (CBP) and Centre Championships Best Performances (CCBP) may be established by registered Algester Little athletes only. A CBP may be established at any Centre competition, Centre Pentathlon or at Centre Championships. A CCBP may only be established at Centre Championships. Athletes must meet the eligibility criteria in an event at Centre Championships to establish a CCBP. Certificates will be presented during our trophy day to athletes who establish or equal a CBP or CCBP during the season.

Improvement Awards

Athletes are provided with Season Performance Sheets for their age group during our sign-on day. This recording sheet outlines the criteria for a Centre Improvement Award to be earned and presented. It is the responsibility of the athlete to maintain a record of their performances throughout the season and to submit their Improvement Award sheet at the end of the season. Improvement Awards are earned for improved performances at Centre meetings only. Each week, times and distances should be entered in the appropriate columns of the Performance Results Sheet - copies of the sheets can be obtained from the 'Forms' section of our website. Improvement award sheets must be handed back on or before **5 March 2022** (either at the canteen or by email to secretaryalac@gmail.com).

New Athletes

After the first week of competition, any improvement in any event will count as an improvement. The first result gained in any event, on or after the commencement of the season, will be taken as the starting standard for new athletes.

Returning Athletes

Starting standards will be their best performance set in the preceding season. Athletes should enter these results in the opening PB row of the performance sheet. A change in weight (throws), height (hurdles), method (high jump) means that a new starting standard needs to be set by an athlete in that event.

Under 6 - 8's have to achieve a total of ten (10) Improvements comprising the following:

- 4 improvements in track
- 2 improvements in jumps
- 3 improvements in throws
- 1 other improvement of their choice

Under 9's are required to achieve a total of ten (10) improvements comprising the following:

- 3 improvements in track
- 3 improvements in jumps
- 3 improvements in throws
- 1 other improvement of their choice



Under 10-17's are required to achieve a total of thirteen (13) improvements comprising the following:

- 3 improvements in sprints & hurdles
- 3 improvements in jumps
- 3 improvements in throws
- 3 improvements in distance & walks
- 1 other improvement of their choice

Most Improved Athlete Awards

Athletes accrue points for each improvement in every event at Centre Competition. These improvements are recorded by the Records Officer throughout the season for every athlete. An athlete boy and girl, in each age group, will be presented with the 'Most Improved Athlete' during the season for that age group at our annual Trophy Day. Should there be a tie in any age group or boy/girl, both or all athletes tying will be recognised.

Centre Manager's Award

The Centre Manager's Award is presented to the athlete (boy or girl) who has the most personal bests over the season. An will be given to the most improved athlete overall for the season. A Memorial Trophy will be retained by the Centre and a replica will be presented to the athlete receiving the award.

<u>Centre Championships - Age Champion and Runner Up</u>

Trophies are presented to Age Champions and Runners Up in each age group (male and female) based on a tally of points based on the athlete's placing in each event at Centre Championships. Participation trophies are presented to all other athletes who have competed at the Centre Championships and who meet the necessary eligibility criteria.

Most Outstanding Athlete Boy and Girl at Centre Championships

These awards are presented to the athletes who compete at Centre Championships (subject to eligibility requirements). The athletes must be eligible to earn points at Centre championships, having a minimum 50% attendance. The performances are measured against the CBP in each event. Criteria is used to calculate the most outstanding athletes at Centre Championships is by McDonalds Awards headings - meaning those events used in the calculation must include:

- 1 x Sprint/Hurdle
- 1 x Distance/Walks
- 1 x Throw
- 1 x Jumps
- U6 U8 one additional event
- U9 U10 two additional events
- U11 U17 three additional events

Athletes who establish a new CCBP or CBP in events will generally perform better in the points tally. They may not necessarily be the Age Champion in an age group.



Encouragement Awards

Athletes may be nominated for Encouragement Awards to the Centre Management Committee for consideration. Up to four (4) awards will be presented at Trophy Day each season to those athletes who demonstrate a desire to compete and improve in their age group in all events. This is not an award measured by winning or by the setting of Best Performances. This is an award presented to athletes who <u>TRY</u> to the best of their ability at all times. Athletes being recognised should be acknowledged under a category as the award is presented. These could include (but are not limited to):

- Team Work recognition of participation at Regional & State Relays, particularly where athletes are asked to participate to make up teams in different age groups or due to non-attendance by others.
- Participation recognition of their attendance at all centre competitions.
- Perseverance demonstrating a 'never give up' attitude.
- Improvement through Persistence always trying to improve their performance.

State Team Selection

Any athletes from Algester Little Athletics Centre who are selected to represent Queensland in the State team will have their names added to the Honour Board which is displayed at the Centre.

SAVE THE DATE!

Our AGM and trophy day will be held on 23 April 2022





2021/22 SEASON REGISTERED ATHLETES

	UNDER 6				
1	Courtney Learoyd	Anahad Padda*			
2	Ivy Curtis-Lai	Fleming Fonua*			
3	Kaitlyn Henry	Hunter Jones			
4	Penelope Kahn	Max Xing			
5		Noah Khawkhawong			
6		Theodore Richmond			
7		Travis Araneta			
		UNDER 7			
1	Anna Gosal	Austin Noble			
2	Carmen James	Austin Marchant			
3	Kalani Fonua*	Blake Fraser			
4	Lila Cragg	Edward Slusarczyk			
5	Zara Grant	Grayson Leggat			
6		Hayden Nowland			
7		Leo Georgiou			
8		Natoli Yonis Omer			
9		Theo Moreau			
10		Tyler Smith			
11		Tytan Seumanu			
		UNDER 8			
1	Ashleigh Bayard	Angus Petrie			
2	Azaeliyah Melton-Enkera	Declyn Ferri			
3	Bella Fernandez	Edric Kalubowila			
4	Chelsea Jorgensen	Kane Cranwell			
5	Georgia McKell	Liam James			
6	Kayla Anderson	Luca Cocciolone			
7	Scarlett Ruka	Matthias Tuli*			
8		Thane Cora			
9		Titan Khawkhawong			

	UNDER 9					
1	Aubree Noble	Alex Rosenberg				
2	Biak Par	Cody Gorman				
3	Capri Savea*	Talan O'Dea				
4	Eva Linnane	Luca Georgiou				
5	Heidi Kahn	George Peiris				
6	Selena Paongo	Griffin Seumanu				
7	Ivy Curtis-Lai	Lachlan Marchant				
8	Taylor Moreau	Nick Wooler				
9	Zara Wood	Rayon Jayawardana				
10	Zoe Henderson	Samir Hassan				
11		Sebastian Tomholt				
12		William Hawken				
	UND	ER 10				
1	Ashley Mackay	Adam Langmack				
2	Chelsea Jones	Baljot Singh				
3	Emilia Henry	Benjamin Crane				
4	Giselle Vail	Charles Petrie				
5	Meleah Hackett	Chaz Araneta				
6	Mia Dittmann*	Chester Piutau				
7	Milla Cocciolone	Solomone Piutau				
8	Natalie Jorgensen	Thomas McKell				
9	Nimo Farhan Hassan	Tristan Gaviglio				
10	Roslyana Tuli*	Roman Kirby				
11	Sienna Broad	Connor Winduss				
12	Tamaine Enkera-Raveora	Damanjot Kunner				
13	Theresa Massaquoi	Ethan Godinho				
14	Tiahna Anderson	Ethan Allen				
15		Ethan Twyford				
16		Jack Dawson				
17		Jamie Cragg				
18		Jayden Park				
19		Sebastian Tuli*				
20		Wyatt Kadel				
21		Zakariya Kahn				
1		DER 11				
1	Isabella Sanchez Bolivar	Conner Anderson				
2	Mikayla Bayard	Connor Anderson				
3	Leila Stoermer	Hunter Sibenaler				
4	Miriam Yonis Omer	Kenzington de la Cruz-Enkera				
5	Natarsha Crane	Mason Revelly				
6	Mystique Cranwell	Noah Crowther				

7	Nabeeha Rahman	Phoenix Seumanu	
8		Reid Gallagher*	
9		Tyron Sun	
	UN	DER 12	
1	Abigail Pyke	Benjamin Langmack	
2	Amelia Toth*	Cooper Pyke	
3	Chanel Savea*	George Petrie	
4	Ellie Drescher	Jacob Allen	
5	Grace Pemberton	Liam Jorgensen	
6	Jessica Austin	Bryce Henry	
7	Kiana Gerstenberger	Tobias De Kievit	
8	Mikaela Learoyd	Hayden Tuia	
9	Sharni Loh Zumaeta	Manjot Singh	
10	Sybil Piutau		
11	Charlotte Stewart*		
12	Chloe Wooler		
13	Georgina Athousis		
14	Maisie Bucknell		
		DER 13	
1	Angelina Li	Bailee Rosenberg	
	Angelina Li		
2	Vanessa Li	Costa Athousis	
3	Vanessa Li Ella Prackert	Costa Athousis Dean Mackay	
2 3 4	Vanessa Li Ella Prackert Emma Henderson	Costa Athousis Dean Mackay Joshua Noronha	
2 3 4 5	Vanessa Li Ella Prackert Emma Henderson Erin De Kievit	Costa Athousis Dean Mackay Joshua Noronha Joshua Kopittke	
2 3 4 5 6	Vanessa Li Ella Prackert Emma Henderson Erin De Kievit Kayla Cranwell	Costa Athousis Dean Mackay Joshua Noronha Joshua Kopittke Ryan Eassie	
2 3 4 5 6 7	Vanessa Li Ella Prackert Emma Henderson Erin De Kievit Kayla Cranwell Keira Curtis-Lai	Costa Athousis Dean Mackay Joshua Noronha Joshua Kopittke Ryan Eassie Stanley Griffiths	
2 3 4 5 6 7 8	Vanessa Li Ella Prackert Emma Henderson Erin De Kievit Kayla Cranwell Keira Curtis-Lai Phoenix Mackay	Costa Athousis Dean Mackay Joshua Noronha Joshua Kopittke Ryan Eassie Stanley Griffiths Tyrese Ngaru	
2 3 4 5 6 7 8 9	Vanessa Li Ella Prackert Emma Henderson Erin De Kievit Kayla Cranwell Keira Curtis-Lai Phoenix Mackay Zara Gaviglio	Costa Athousis Dean Mackay Joshua Noronha Joshua Kopittke Ryan Eassie Stanley Griffiths	
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2 3 4 5 6 7 8 9 10	Vanessa Li Ella Prackert Emma Henderson Erin De Kievit Kayla Cranwell Keira Curtis-Lai Phoenix Mackay Zara Gaviglio Sienna Kruck UN Aribeth Parmenter*	Costa Athousis Dean Mackay Joshua Noronha Joshua Kopittke Ryan Eassie Stanley Griffiths Tyrese Ngaru Lucius Parmenter* DER 14 Robbie Piutau	
2 3 4 5 6 7 8 9 10	Vanessa Li Ella Prackert Emma Henderson Erin De Kievit Kayla Cranwell Keira Curtis-Lai Phoenix Mackay Zara Gaviglio Sienna Kruck UN Aribeth Parmenter* Hayley Telford	Costa Athousis Dean Mackay Joshua Noronha Joshua Kopittke Ryan Eassie Stanley Griffiths Tyrese Ngaru Lucius Parmenter* DER 14	
2 3 4 5 6 7 8 9 10	Vanessa Li Ella Prackert Emma Henderson Erin De Kievit Kayla Cranwell Keira Curtis-Lai Phoenix Mackay Zara Gaviglio Sienna Kruck UN Aribeth Parmenter* Hayley Telford Isabella Loh Zumaeta	Costa Athousis Dean Mackay Joshua Noronha Joshua Kopittke Ryan Eassie Stanley Griffiths Tyrese Ngaru Lucius Parmenter* DER 14 Robbie Piutau	
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2 3 4 5 6 7 8 9 10	Vanessa Li Ella Prackert Emma Henderson Erin De Kievit Kayla Cranwell Keira Curtis-Lai Phoenix Mackay Zara Gaviglio Sienna Kruck UN Aribeth Parmenter* Hayley Telford Isabella Loh Zumaeta	Costa Athousis Dean Mackay Joshua Noronha Joshua Kopittke Ryan Eassie Stanley Griffiths Tyrese Ngaru Lucius Parmenter* DER 14 Robbie Piutau	
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2 3 4 5 6 7 8 9 10	Vanessa Li Ella Prackert Emma Henderson Erin De Kievit Kayla Cranwell Keira Curtis-Lai Phoenix Mackay Zara Gaviglio Sienna Kruck UN Aribeth Parmenter* Hayley Telford Isabella Loh Zumaeta Natalie Austin Melissa Allen	Costa Athousis Dean Mackay Joshua Noronha Joshua Kopittke Ryan Eassie Stanley Griffiths Tyrese Ngaru Lucius Parmenter* DER 14 Robbie Piutau	

2	Lilliana Toth	Sean Scully
3	Nikeisha Ngaru	
4	Maddison Mackay	
5	Menaya Tuia*	
6	Tiana Kopitke	
7	Savannah Bucknell	
8	Tekainga Enkera-Raveora	
9	Zara Sampson	
	UND	ER 16
1	Bella Bess	Tyson Dunn
2	Charlotte Smith	Jackson Edser*
3	Chloe Kerswell	
4	Seini Piutau	
	UND	ER 17
1	Patience Uwiteka*	Alex Epitropakis
2	Rylee O'Shaughnessy	Jackson Dale
3	Lauren Heath	Jesse Hartley
4		Kaiza Paulson

Athletes with an * have not achieved 50% attendance.

Note:

In order to be awarded Age Champion or Runner Up, an athlete must have competed in at least 50% of eligible Centre competitions and in addition, the athlete's family must have met minimum parent participation requirements. In order to earn points in an event towards Age Champion or Runner Up at Centre Championships, an athlete must have competed in that event at least twice during eligible Centre competitions. In order to be awarded a trophy or award, an athlete must participate in Centre Championships and minimum parent participation requirements must have been met. In order to set a new Centre Championships Best Performance (CCBP) or equal an existing CCBP, an athlete must have competed in at least 50% of eligible Centre competitions and must have competed in that event at least twice during eligible Centre competitions.





CHAMPIONSHIPS PROGRAM

SATURDAY 19 FEBRUARY 2022

EVENT TIMES ARE A GUIDE ONLY & MAY BE BROUGHT FORWARD

Time	Track Events		Time	Field Events		
1.00pm	800m U11 U12 U9 U13 U14	B&G B&G B&G B&G B&G	1.00pm	Shot put Shot put High jump	U10 (1) U10 (2) U15-17	B G B&G
1.30pm	70m U9 U10 U6 U7 U8	B&G B&G B&G B&G B&G	1.30pm 1.45pm	Shot put Shot put Triple Jump Triple Jump High jump High jump	U12 (1) U12 (2) U11 (Sth) U11 (Nth) U9 U13-14	B G B G B&G B&G
2.00pm	800m U10 U15 U16 U17	B&G B&G B&G B&G	2.00pm	Shot put Shot put Triple Jump Triple Jump	U6 (2) U7 (1) U12 (Sth) U12 (Nth)	B&G B&G B G
2.30pm	200m U11 U6 U7	B&G B&G B&G	2.30pm	Shot put Shot put Triple Jump High jump	U9 (1) U8 (2) U13 (Sth) U10	B&G B&G B&G B&G
3.00pm	100m U12 U17 U16 U15 U14 U13	B&G B&G B&G B&G B&G B&G	3.00pm	Shot put Shot put High jump	U11 (2) U14 / U15 (1) U11	B&G B&G B&G
3.30pm	200m U8 U9 U12 U10	B&G B&G B&G B&G	3.30pm	Shot put Shot put Triple Jump	U16/17 (1) U13 (2) U14 (Sth)	B&G B&G B&G
4.00pm	200m U13 U14 U15 U16 U17	B&G B&G B&G B&G B&G	4.00pm	Triple Jump Triple Jump High jump	U15 (Nth) U16-17 (Sth) U12	B&G B&G B&G
4.30pm	300m walk	B&G	4.30pm			

	700m walk			
	U9	B&G		
	1100m walk			
	U10	B&G		
	U11	B&G		
5.00pm	1500m walk		5.00pm	
	U12/13	B&G		
	U14/17	B&G		



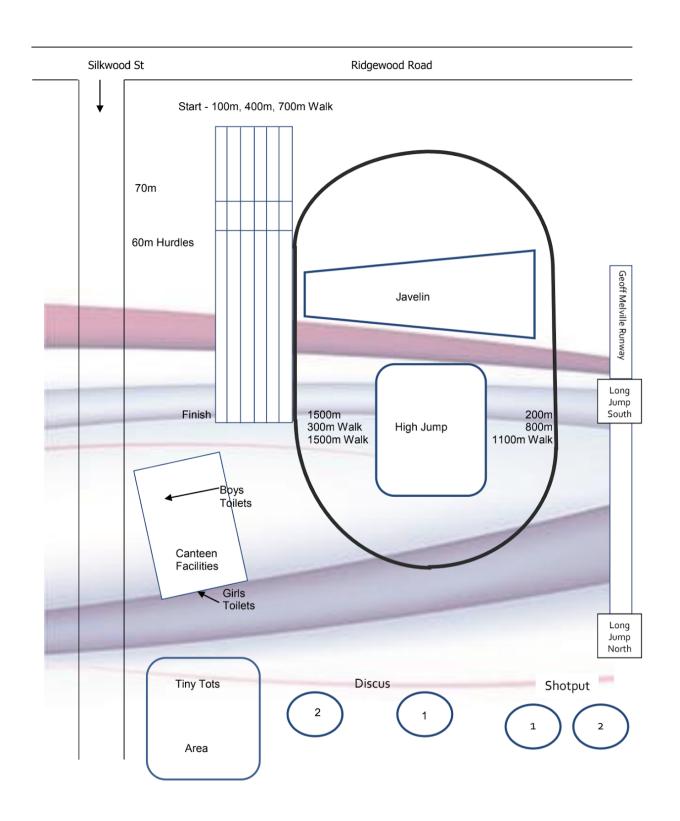
CHAMPIONSHIPS PROGRAM

SATURDAY 5 MARCH 2022

EVENT TIMES ARE A GUIDE ONLY & MAY BE BROUGHT FORWARD

Time	Track Events		Time	Field Events		
1.00pm	110m hurdles U17 110m hurdles U17	B G	12.45pm	Javelin Long Jump (Sth) Long Jump (Nth) Discus (1)		B&G B G B&G
	U15/16 90m hurdles U15/16 U14 80m hurdles U14 U13	B G B G B&G	1.15pm	Discus (1) Discus (2)	U15-17 U6	B&G B&G
	U12 U11	B&G B&G				
1.30pm	60m hurdles		1.45pm	Discus	U10	B&G
K	U10 U9 U8	B&G B&G B&G	1	Long Jump (Sth) Long Jump (Nth) Javelin	U13	B&G B&G B&G
2.00pm	300m hurdles U17 U16 U15	B&G B&G B&G	2.15pm	Long Jump	U9 U12 (Sth) U12 (Nth)	B&G B G
	U14 U13	B&G B&G				
2.30pm	400m U9 U11 U10 U14 U13 U12 U17 U16 U15	B&G B&G B&G B&G B&G B&G B&G B&G	2.45pm	Long Jump (Sth) Long Jump (Nth) Javelin	U7 U13/14	B&G B&G B&G B&G
			3.15pm		U11 U7 U13	B&G B&G B&G
			3.30pm	-	U15/17	B&G
4.00pm	100m U9 U10 U7 U8	B&G B&G B&G B&G	3.45pm	Long Jump (Nth) Long Jump (Sth) Discus (1)		B&G B&G B&G
	U11	B&G	4.15pm	Discus (1)	U11	B&G

	U6	B&G			
4.30pm	<u>1500m</u>		4.30pm	Long Jump (Sth) U8	B&G
	U13	B&G			
	U14 & U15	B&G			
	U16 & U17	B&G			
	U11	B&G			
	U12	B&G			





CENTRE CHAMPIONSHIPS BEST PERFORMANCES

EVENT	NAME	RESULT	YEAR	NAME	RESULT	YEAR
		l	JNDER 6			
	GIR	RLS			BOYS	
EVENT	NAME	RESULT	YEAR	NAME	RESULT	YEAR
70m	Angela Hagan	12.7	1995	Zayd Dennis; Jett Jones	12.7	2003;2 006
100m	Keesha Booth	18.6	1995	Zayd Dennis	18.6	2003
Long Jump	Angela Hagan (G)	2.80	1995	Zayd Dennis (G)	2.77	2003
Shot Put	Evannie Tino	3.83	2018	Harrison Barac	4.45	2018
Discus	Hailee McArdell	9.00	1998	Zayd Dennis	13.40	2003
210000	riance wo waen	0.00	1000	Zaya Beriino	10.40	2000
			JNDER 7			
	GIR	RLS			BOYS	
EVENT	NAME	RESULT	YEAR	NAME	RESULT	YEAR
70m	Catherine Shipp	11.7	1985	Robert Yates	11.9	1990
			1985			
100m	Catherine Shipp; Anita Cusack	17.2	;199 3	Bradley Crofts	16.7	1985
200m	Catherine Shipp	37.4	1985	Nathan Squassoni	37.2	1985
Long Jump	Catherine Shipp (G)	3.06	1985	Mitchell Meizer (G)	3.30	1990
Shot Put	Nicole Whitmore	7.31	1988	Neil Janse	7.49	2008
Discus	Hailee McArdell	15.28	1999	Neil Janse	20.85	2008
Bioddo	riance me acci	10.20	.000	Troil carles	20.00	2000
		l	JNDER 8			
	GIR	RLS			BOYS	
EVENT	NAME	RESULT	YEAR	NAME	RESULT	YEAR
70m	Leanne McLachlan	11.1	1985	Corey Tonkin	11.1	1991
			1985			
100m	Leanne McLachlan; Sybil Piutau	15.6	; 2018	Sean Baker	15.5	1994
	Cyb rataa	10.0	20.0	Court Ballor	10.0	1004

	200m	Leanne McLachlan	35.2	1985	Sean Baker	34.0	1994
	60m		11.7	2018	Zayd Dennis	11.8	2005
	Hurdles	Sybil Piutau					
	300m Walk	Aleisha Macoun	1.47.2	1994	Chester Piutau	1.57.0	2020
	Long Jump	Sybil Piutau (T)	3.70	2018	Zayd Dennis (T)	3.68	2005
	Shot Put	Chloe Kerswell	6.72	2014	Neil Janse	8.08	2009
Ī	Discus	Nicole Whitmore	20.26	1989	Mitchell Meizer	23.72	1991

UNDER 9								
	GIRLS			BOYS				
EVENT	NAME	RESULT	YEAR	NAME	RESULT	YEAR		
70m	Aleta Booth	10.8	1996	Corey Tonkin	10.4	1992		
100m	Renee Ike	15.4	2013	Corey Tonkin; Jett Jones	14.8	1992; 2009		
	Tahina Booth; Taylor		1994 ;200					
200m	O'Shea	33.7	2	Brendan Clegg	32.6	1984		
400m	Taylor O'Shea	1.14.0	2002	Sebastian Cu	1.12.2	2015		
800m	Keesha Booth	3.03.2	1998	Wayne Chesher	2.48.7	1986		
60m Hurdles	Aleta Booth	10.7	1996	Zayd Dennis	10.7	2006		
700m Walk	Abby Alaia	4.00.6	1992	Gregory Sutherland	3.55.7	1992		
Long Jump	Taylor O'Shea (G)	3.69	2002	Jett Jones (T)	4.01	2009		
High Jump	Angela Hagan	1.08	1998	Zayd Dennis	1.12	2006		
Shot Put	Nicole Whitmore	7.46	1990	Neil Janse	8.50	2010		
Discus	Jaimee Edser	24.77	2014	Neil Janse	26.59	2010		

	UNDER 10										
	GIRLS			BOYS							
EVENT	NAME	RESULT	YEAR	NAME	RESULT	YEAR					
70m	Tahina Booth	10.6	1995	Marco Lagos; James Melville; Callum Shyu	10.2	1995; 1995; 2010					
100m		14.9	1991	Ross Anderson	14.4	1994					
200m	Aleta Booth	32.2	1997	Brendan Clegg	30.8	1985					
400m	Taylor O'Shea	1.12.2	2003	Jake Kilmartin	1.09.9	2011					
800m	Carla Tolhopf	2.48.4	1993	James Weir	2.41.1	2011					
60m Hurdles	Aleta Booth	10.8	1997	Clay Cameron	10.6	2004					
1100m Walk	Samantha Bishop	6.41.1	1997	Jordan Shyu	6.40.9	2004					

				Gregory		
Long Jump	Stacey Horrocks (G)	4.09	1992	Miszkowycz (G)	4.27	1989
High Jump	Stacey Horrocks	1.28	1992	Corey Tonkin	1.26	1993
Shot Put	Angelina Tignani	9.73	2015	Jackson Edser	9.99	2016
Discus	Angelina Tignani	32.69	2015	Neil Janse	32.58	2011

	UNDER 11										
	GIR	RLS			BOYS						
EVENT	NAME	RESULT	YEAR	NAME	RESULT	YEAR					
100m	Emma Threadingham	13.7	2016	Michael Whitmore	13.8	1989					
200m	Aleta Booth	30.8	1998	Jake Kilmartin	29.8	2011					
400m	Carla Tolholpf	1.07.9	1994	Jake Kilmartin	1.05.4	2011					
800m	Carla Tolholpf	2.37.0	1994	Jake Kilmartin	2.34.9	2011					
1500m	Georgia Humphreys	5.33.6	2012	James Leighton	5.26.8	1992					
60m Hurdles	Renee Cook	9.9	2003	Tyrone Brimble	10.1	2005					
80m Hurdles	Jessica Austin	14.70	2021	Elijah Tan	16.6	2020					
1100m Walk	Samantha Bishop	6.32.3	1998	Luke Robinson	6.59.9	2002					
Long Jump	Georgia Humphreys (T)	4.37	2012	Clay Cameron (T)	4.79	2005					
Triple Jump	Kahlee Robertson (G)	8.83	1997	Sebastian Cu (T)	9.56	2017					
High Jump	Isabella Loh Zumaeta (flop)	1.30	2019	Kaiza Paulson (flop)	1.32	2016					
Shot Put	Jaimee Edser	9.99	2016	Neil Janse	11.36	2012					
Discus (500g)	Sienna Kruck	26.09	2020	Ryan Eassie	25.88	2020					
Javelin	Nicole Whitmore	25.24	1992	Joshua McGuigan	32.00	1991					

	UNDER 12										
	GIRLS			BOYS							
EVENT	NAME	RESULT	YEAR	NAME	RESULT	YEAR					
100m	Kelly Urwin	13.5	1990	David Irvine	12.5	1994					
200m	Aleta Booth	29.5	1999	David Irvine	27.4	1994					
400m	Carleigh Friend	1.06.8	2001	Jake Kilmartin	1.04.0	2012					
800m	Georgia Humphreys	2.41.1	2013	Scott Robertson	2.32.5	1996					
1500m	Angela Hagan	5.32.8	2001	Matthew Woods	5.11.7	2005					
60m Hurdles	Aleta Booth	10.0	1999	Alex Epitropakis	9.6	2018					

	80m Hurdles		15.20	2021	Samuel McCosker	15.7	2020
	1500m Walk		8.18.2	2019	Ross Cottle	8.02.1	1992
	Long Jump	Kathleen Norman (G)	4.60	1992	Benjamin Foat (G)	4.87	1990
	Triple Jump		9.67	1999	Dylan Kruck (T)	10.36	2015
	High Jump	Renee Cook	1.41	2004	Benjamin Foat	1.54	1990
	Shot Put	Angelina Tignani (2kg)	12.75	2017	Robbie Piutau (2kg)	11.49	2020
	Discus	Jaimee Edser	37.42	2017	Bailey Lau	38.44	2009
Ī	Javelin	Angelina Tignani	36.31	2017	Joshua McGuigan	34.74	1992

UNDER 13										
	GIR	LS			BOYS					
EVENT	NAME	RESULT	YEAR	NAME	RESULT	YEAR				
100m	Gemma Bright	13.0	1995	David Laurie	12.4	2001				
200m	Gemma Bright	27.5	1995	Josh Law	26.4	2001				
400m	Carla Tolholpf	1.03.3	1996	Jordan Shyu	1.00.1	2007				
800m	Carla Tolholpf	2.25.4	1996	Scott Robertson	2.23.1	1997				
1500m	Carla Tolholpf	5.20.4	1996	Matthew Woods	4.51.5	2006				
80m Hurdles	Aleta Booth	13.2	2000	Scott McLeod-Robertson	13.7	2001				
200m Hurdles	Chelsea Rowe	32.1	1999	Dylan Kruck	29.3	2015				
1500m Walk	Samantha Bishop	8.23.3	2000	Bradley Cox	8.13.4	1998				
Long Jump	Leanne McLachlan (G)	4.83	1990	Dylan Kruck (T)	5.41	2016				
Triple Jump	Keesha Booth (G)	10.02	2002	Dylan Kruck (T)	11.57	2016				
High Jump	Hannah Joye	1.50	2009	Dylan Kruck	1.57	2016				
Shot Put	Angelina Tignani	10.86	2018	Josh Law	11.51	2001				
Discus	Jaimee Edser	38.85	2018	Neil Janse (1kg); Robbie Piutau (750g)	42.97; 40.35	2014; 2021				
Javelin	Angelina Tignani	42.97	2018	Bayley Lau	44.62	2010				

	UNDER 14									
	GIRLS			BOYS						
EVENT	NAME	RESULT	YEAR	NAME	RESULT	YEAR				
100m	Leanne McLachlan	12.9	1991	Liam Johnston	11.5	2011				
MC 100m				Sean Gallagher T37	21.2	2018				

				F37		
200m	Alana Smith	27.4	1995	David Laurie	25.1	2002
400m	Carleigh Friend	1.03.3	2003	Jordan Shyu	55.8	2008
800m	Carla Tolholpf	2.28.3	1997	Lachlan Kilmartin	2.19.3	2012
MC 800m				Sean Gallagher T37 F37	5.06.9	2018
1500m	Nicole Brown	5.29.8	1996	Matthew Woods	4.36.7	2007
80m Hurdles	Kathleen Norman	13.2	1994			
90m Hurdles				Joshua McGuigan	13.3	1994
200m Hurdles	Hayley Cook	31.1	2003	Shannon Mavrik	29.1	2007
1500m Walk	Samantha Bishop	8.38.7	2001	Ross Cottle	7.59.8	1994
Long Jump	Hannah Joye (T)	5.41	2010	Michael Whitmore (G); Toby Chansisourath (G)	5.67	1992
Triple Jump	Rebecca Williams (T)	10.54	2004	Glen Trenton (G)	11.90	1993
High Jump	Vanessa Vrbancic	1.54	2001	Joshua McGuigan	1.71	1994
Shot Put	Nicole Whitmore	10.62	1995	Ethan Mamahit	13.11	2018
Discus	Belinda Libke	30.50	1993	Bayley Lau	52.42	2011
Javelin	Dayspring Koop	34.30	2013	Joshua McGuigan	45.04	1994

		U	INDER 15	5		
	GIR	RLS		BOYS		
EVENT	NAME	RESULT	YEAR	NAME	RESULT	YEAR
100m	Tyleesha Paulson	12.6	2016	Nathan Carr; Adam Constanti	11.5	1995; 2011
200m	Kathleen Norman	27.2	1995	Nathan Carr	23.4	1995
400m	Carleigh Friend	1.02.7	2004	David Laurie	54.6	2003
800m	Carleigh Friend	2.34.8	2004	Lachlan Kilmartin	2.09.5	2013
1500m	Georgia Humphreys	5.33.6	2016	Michael Yates	4.33.4	1996
90m Hurdles	Kathleen Norman	13.7	1995			
100m Hurdles				Nathan Carr	13.3	1995
300m Hurdles	Amy Ike	55.7	2017	Oliver Scully	48.4	2020
1500m Walk	Laura Rolton	9.18.8	2012	Matthew Woods	7.35.4	2008
Long Jump	Kathleen Norman (G)	5.12	1995	Nathan Morris (T)	5.82	2005

Triple Jump		10.54	2016	Scott McLeod-Robertson (G)	12.45	2003
High Jump	Aleisha Macoun	1.55	2001	Glen Trenton	1.90	1994
Shot Put	Hayley Cook	10.79	2004	Shannon Mavrik	13.89	2008
Discus	Danielle McLeod-Robertson	33.34	2006	Bayley Lau	48.64	2012
Javelin	Rylee O'Shaughnessy	26.68	2020	Dylan Kruck (700g)	36.33	2018

	UNI	DER 16 (rec	ords comm	nencing 2001/02)		
	GIR	RLS			BOYS	
EVENT	NAME	RESULT	YEAR	NAME	RESULT	YEAR
100m	Tyleesha Paulson	13.0	2017	Justin McCartney	12.1	2014
	, D		2010	·		
200m	Kiarne Pham; Lacey Stafford	29.2	; 2016	Simon O'Dwyer-Mazur	26.6	2014
400m	Lacey Stafford	1.06.3	2016	Simon O'Dwyer-Mazur	55.9	2014
800m	Kiarne Pham	2.58.7	2010	Simon O'Dwyer-Mazur	2.19.3	2014
1500m	Emma Pratt	5.55.7	2015	Simon O'Dwyer-Mazur	4.50.6	2014
90m Hurdles	Tyleesha Paulson	14.5	2017			
100m Hurdles				Alex Epitropakis	14.90	2021
300m Hurdles	Lauren Heath	51.90	2021			
1500m Walk	Sophia Koop	10.38. 3	2013	Simon O'Dwyer-Mazur	8.06.1	2014
Long Jump	Lacey Stafford (T)	4.81	2016	Tonga Gray (T)	5.20	2012
Triple Jump	Lacey Stafford (T)	10.43	2016	Justin McCartney (T)	11.20	2014
High Jump	Lacey Stafford	1.41	2015	Justin McCartney	1.56	2014
Shot Put	Sophia Koop	10.66	2013	Ethan Mamahit	12.4	2020
Discus	Jordyn Ryan	30.86	2018	James Telford	38.81	2016
Javelin	Dayspring Koop	36.70	2015	Oliver Corfield	43.56	2013

	UNDER 17 (records commencing 2001/02)								
	GIRLS			BOYS					
EVENT	NAME	RESULT	YEAR	NAME	RESULT	YEAR			
100m	Tyleesha Paulson	12.7	2018	Oliver Corfield	11.7	2014			

200m	Tyleesha Paulson	27.4	2018	Cameron Wray	27.3	2016
400m	Kiarne Pham	1.08.9	2011	Simon O'Dwyer-Mazur	58.7	2015
800m	Dayspring Koop	3.19.9	2016	Aaron O'Dwyer-Mazur	2.42.3	2014
1500m	Kiarne Pham	6.36.6	2011	Simon O'Dwyer-Mazur	5.04.7	2014
100m Hurdles	Tyleesha Paulson	16.2	2018	Scott Macoun	15.3	2001
300m Hurdles	Tyleesha Paulson	54.2	2018	Dylan Kruck	48.2	2020
1500m Walk	Sophia Koop	10.43. 5	2014	Jack Morris	9.17.7	2014
Long Jump	Dayspring Koop (T)	4.52	2016	Oliver Corfield (T)	5.67	2014
Triple Jump	Tyleesha Paulson (T)	10.70	2018	Oliver Corfield (T)	11.98	2014
High Jump	Dayspring Koop	1.41	2016	Aaron O'Dwyer-Mazur	1.61	2014
Shot Put	Sophia Koop (3kg)	10.69	2014	James Telford (5kg)	11.07	2017
Discus	Dayspring Koop (1kg)	32.90	2016	Dylan Kruck	37.40	2020
Javelin	Dayspring Koop (500g)	33.31	2016	James Telford (700g)	53.45	2017







